



EST ♦ 1994

# CAFENETO

קפה • בית

**MENU**

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מנה טבעונית אופציונלית  מנה טבעונית 

## STARTERS



<b>Soup</b>	Ask the waiter	19/36
<b>Potato wedges</b>	Baked with olive oil and parsley	19
<b>Tabouli salad</b>	Coarse burghul, red onion and herbs - arugula, parsley, green onion and mint on green tahini labane paste	22
<b>Stuffed vine leaves (3 / 6 units)</b>	Stuffed vine leaves filled with rice on herbs, cranberries, almonds and labane cheese	19 / 27
<b>Hyssop bread sticks</b>	On the side - Labane cheese and seasoned tomatoes	29
<b>Black Beans Msabaha</b>	Black beans dish served with seasoned tomatoes, hard-boiled egg, sweet potato cubes and chili peppers with ciabatta	36
<b>Quesadillas – Mexican Toast</b>	Filled with black beans stew, mozzarella and parmesan cheese Served with seasoned tomatoes and sour cream	39
<b>Bruschettas (3 / 6 units)</b>	Seasoned tomatoes with Kalamata olives • Green tahini, roasted eggplant, hard boiled egg and parsley • Roasted pepper, goat cheese and walnuts	24 / 44

## PASTA Spaghetti or Penne



<b>Cheese Ravioli</b>	Tomatoes and olive oil • Alfredo • Rosé – cream and tomatoes	52
<b>Salmon and cream</b>	Smoked fillet salmon chunks, cream, white wine, nutmeg, zucchini, cherry tomatoes and basil	56
<b>Antipasti and Goat's cheese</b>	Tomato sauce and olive oil, goat's cheese, roasted vegetables (eggplant, pepper and onion), Kalamata olives and parsley	48 vegan / 54
<b>Tomatoes and olive oil</b>	Tomato sauce, olive oil, cherry tomatoes and basil / additional tofu	44 / 54
<b>Alfredo</b>	Cream, white wine, Muscat nut, onions, mushrooms and parsley	48
<b>Cream and tomato - Rosé</b>	Cream, tomato sauce, cherry tomatoes and basil	44

### Coffee and half sandwich

Coffee and half sandwich	30
Cold coffee and half sandwich	35

## MAIN COURSE



<b>Salmon Fillet</b>	Baked salmon fillet on coarse burghul and sauted vegetables - carrot, zucchini, red pepper, spinach, green onion, garlic, and ginger in honey, peanuts and curry sauce	69
<b>Tofu in Coconut Milk</b>	Over basmati rice with peas, cherry tomatoes, ginger, garlic and shredded peanuts in a sweet and spicy sauce	56
<b>Lasagne</b>	Fresh pasta layers with cheese and roasted vegetables in tomato sauce Served with green salad on the side	54
<b>Quiche</b>	Quiche of your choice, served with green salad and yogurt	49
<b>Madrid Rice</b>	Tofu in sauce* with sauted peppers on Basmati rice garnished with green onion. *Honey, garlic, lemon and olive oil / Honey, peanuts and curry	56
<b>Asian Vegetable Rice</b>	Tofu stir-fried with Basmati rice, cabbage, carrots, zucchini, spinach, peas, green onion, garlic, ginger and basil with Asian seasoning and ground peanuts	49
<b>Pizza Napolitana / Vegan</b>	Tomato sauce, mozzarella and parmesan cheese / vegan cheese, sliced tomato and basil. Toppings - Bulgarian cheese / kalamata olives / tuna / eggplant - for every topping NIS 4	42

## SANDWICHES

Made with ciabetta or country sourdough with green salad / chopped salad on the side



<b>Spanish</b>	Tofu in sauce*, sauted peppers, tomato, arugula, red onion and lemon basil - mayonnaise. *Honey, garlic, lemon and olive oil / Honey, peanuts and curry	52
<b>Salmon Fillet</b>	Smoked fillet salmon chunks, cream cheese, lettuce, tomato, red onion and capers	27/52
<b>Tuna</b>	Tuna salad, lettuce, tomato, cucumber, parsley and olive oil	23/44
<b>Greek</b>	Bulgarian cheese with hyssop, roasted peppers, arugula, kalamata olives and olive oil Goat cheese - additional NIS 4	23/42
<b>Baghdadi</b>	Hard boiled egg, diced potatoes, roasted eggplant, tomato, cucumber, parsley, red onion and tahini served with amba chutney on the side	23/42
<b>Israeli</b>	Omelet, tomato, cucumber, lettuce, kalamata olives, cream cheese and butter	23/39
<b>Tropical</b>	Avocado, lettuce, tomato, red onion and lemon basil - mayonnaise	23/39

## BREAKFAST



### Morning neto

Sunny side up / Scrambled / Herb omelet / omelet (Yellow / Bulgarian cheese - Additional NIS 3)  
Stuffed vine leaves, cream cheese, labane, tuna salad, green tahini and jam  
Sliced house bread and small whole grain bread / ciabatta / gluten free bread  
Chopped salad / Green Salad,  
Freshly squeezed juice and regular coffee ..... Single 59 / Double 109  
Herring fillet and green onion – additional NIS 12

### Recommended additions per omelet:

#### Norwegian Omelet

Omelet filled with smoked fillet salmon chunks, cream cheese and green onion ..... additional 9

#### Tuscany Frittata

Omelet with zucchini, red pepper, spinach, basil, cream and goat cheese ..... additional 8

#### Alfredo Omelet

Omelet with Champignon mushrooms, onion and cream ..... additional 6

#### Vegan Omelet

Made from lentil flour, red onion, Champignon mushrooms, parsley and green onion. Served with stuffed vine leaves, green tahini, roasted pepper, tabouli roasted eggplant and jam ..... additional 6

#### Shakshuka Neto

Two eggs in tomato sauce with vegetables and parsley. Served with chopped salad, tahini and small whole grain bread ..... 52

#### Balkan Shakshuka

Roasted vegetables (eggplant, pepper and onion), goat cheese and basil ..... additional 4

#### Vegan Shakshuka

Tofu and lentil dumplings in tomato sauce with roasted vegetables and basil ..... additional 4

### Workers' Breakfast

Herring fillet in olive oil alongside sour cream, radishes, potato cubes, green onion and ciabatta slices ..... 39  
Workers' Break – with vodka chaser – 8 NIS extra

### Florentin

Two eggs of your choice, chopped salad, tahini, small whole grain bread, cream cheese, small freshly squeezed juice or regular coffee ..... 39

### Muesli

Granola, yogurt, fresh fruit and honey / Date honey ..... 28

## ADDITIONS



Galilee Majadra (Burghul).....	14
Chopped salad / Green salad.....	12
Ciabatta, whole grain bread, gluten free bread, home bread.....	10
Cheese, tuna.....	6
Hard Boiled egg.....	4

## SALADS

Served with small whole grain bread / Gluten free bread



### Barcelona

Tofu in sauce\*, sauted peppers, mixed lettuce, herbs, cherry tomatoes, walnuts, red onion, lemon juice and olive oil.  
\*Honey, garlic, lemon and olive oil / Honey, peanuts and curry ..... 57

### Black lentils

Black lentils, Bulgarian cheese, baked sweet potatoes, lettuce, herbs, cherry tomatoes, cucumber, red onion, mint, parsley, lemon juice and olive oil. On the side - Yogurt ..... 55

### Nicoise

Tuna, diced potatoes, hard-boiled egg, red onions, peas, cherry tomatoes, red pepper, cucumber, carrots, capers, kalamata olives and lettuce dressed in a French Anchovy sauce ..... 52

### Burghul+

Coarse burghul, tomatoes, celery, red onion, cranberries, almonds, mint, parsley, lemon juice and olive oil on herbs and lettuce ..... 49

### Greek – Coarsely Chopped

Bulgarian cheese, croutons, tomatoes, cucumbers, red peppers, red onions, kalamata olives, lemon juice and oregano olive oil ..... 49

### Baghdadi

Hard - boiled eggs, roasted eggplant, finely chopped arabic salad - cucumbers, tomatoes, red onion, parsley, mint, coriander, lemon juice and olive oil. Served with tahini and amba chutney on the side ..... 49

### Asian Roots

Sticks of crisp root vegetables (kohlrabi, beets and carrots), glass noodles, radishes, sunflower sprouts, ground peanuts, mint leaves, coriander, ginger and green onion dressed in a soy and sesame oil sauce - spicy ..... 47

### Arabic - Finely chopped

Cucumber, tomato, red onion, parsley, mint coriander, lemon juice and olive oil. Served with tahini and amba chutney on the side ..... 42



## TOASTS

Made with white / whole wheat bread with green salad / Chopped salad on the side



### Bulgarian

Yellow cheese and Bulgarian cheese, tomato, arugula, kalamata olives and butter ..... 45

### Home • Toast

Yellow cheese, tomato, kalamata olives and butter ..... 43  
Tuna / Hard boiled egg - every addition NIS 4

### Vegan Toast

Vegan cheese, tomato, kalamata olives and olive oil ..... 43

## HOME • COFFEE

Available on request: 1% fat milk /  
Soy drink  / Almond drink 



	regular	large
Shredded chocolate with cappuccino	18	22
Mochaccino cafe and Nutella cream	16	20
Cappuccino	13	17
Latte macchiato		17
Americano	12	14
Turkish coffee	12	14
	short	double
Espresso mocha espresso with Nutella cream	12	14
Home Coffee - Triestino espresso, a hint of milk and frothed milk	11	13
Cappuccino	10	
Macchiato espresso stained with frothed milk	10	12
Espresso	9	11

## HOT & SPECIAL



	regular	large
Shredded chocolate with milk	16	20
Sachleb rose water, coconut, peanuts, cinnamon	16	20
Sachleb espresso	16	20
Sachleb mocha with espresso and Nutella cream	16	20
Chaiccino Indian spiced milk based tea		20
Hot apple cider (with wine - additional NIS 4)		16
Hot chocolate milk (whipped cream - additional NIS 4)	12	16
Teapot brew		15
Classic tea		13

## COFFEE AND PASTRY

Regular coffee and pastry	22
Large coffee and pastry	25
Cold coffee and pastry	28

Pound cake / Yeast cake / Croissant 16  
Burekasant 18  
Hard boiled egg, tomato and pickle - additional NIS 6

## SHAKES

Candied pecans / Shredded chocolate /  
Spirulina - additional NIS 4



<b>Brazil shake</b> Açaí, granola, banana and milk	29
<b>Health shake</b>  Banana, dates, granola and almond drink	29
<b>Milk shake</b> Vanilla with Amarena cherry / Vanilla Nutella	28
<b>Açaí shake</b>  * Brazilian shake rich in vitamins	29
<b>Fruit shake</b>  * Strawberry / Banana / Dates / Melon / mango / pineapple	28

\* All shakes can be made with:  
Milk / Orange Juice / Water / Soy drink  / Almond drink 

## COLD AS ICE



<b>Ice Mocha Neto</b> espresso, milk and Nutella cream	18/23
<b>Ice Café Neto</b> Iced Cappuccino (sweetened)	14/19
<b>Ice strawberry yogurt</b>	14/19
<b>Ice mint lemonade</b>	19

## ICE & CREAM

Whipped cream addition NIS 4



<b>Quadriple Neto</b> Nutella cream, Ice Café Neto, soft vanilla ice cream and shredded chocolate	24
<b>Soft vanilla ice cream</b> Candy toppings / shredded peanuts / espresso / nutella cream	12/19
<b>Tutti Frutti</b> Soft vanilla ice cream and strawberry yogurt slush	15

## COLD, SOFT & NATURAL



<b>Cold Coffee</b> Espresso and frothed milk (unsweetened)	17
<b>Cold chocolate milk</b>	16
<b>Cold Americano</b> Espresso with water	14
<b>Freshly squeezed juice</b> orange / carrot	17
<b>Lemonade / Red grapefruit</b>	14
<b>San Pellegrino - small / large</b>	13 / 24
<b>Soft drinks / Soda</b>	13 / 10
<b>Home made iced tea with mint and lemon</b> (unsweetened)	10